



British Ski and Snowboard invite you to attend open SBX Training and Selection camps which though focussed on selection will also give basic coaching.

* Successful athletes will be invited to join the British Snowboard Cross programme for the 2014/15 season

* Successful athletes will be able to join the BSS SBX training from date of inclusion into the programme so book early

* BSS SBX programme is a 12 month programme

* If selected, the annual programme includes on snow coaching, competition coaching, technical workshops, video analysis, strength & conditioning, Nutrition support

BSS SBX Team Selections & training camps 2014/15 Season

14 th – 21 st June	BSS SBX programme selection, (though basic coaching will be provided)
21 st – 28 th June	BSS SBX programme selection, (though basic coaching will be provided)
4 th – 18 th October	BSS SBX training for members of the programme.
18 th – 25 th October	BSS SBX programme selection, (though basic coaching will be provided)
25 th Oct – 15 th Nov	BSS SBX training for members of the programme
15 th – 22 nd Nov	BSS SBX programme selection, (though basic coaching will be provided)
22 nd Nov – 6 th Dec	BSS SBX training for members of the programme

* All dates and times listed above are subject to change

* All above selection / training at present, to take part in Hintertux, Austria

* Each selection camp runs for 1 week - 6 days on snow (subject to weather)

* Each selection camp costs £1050 per athlete and includes accommodation, lift pass, daily transfers to / from selection and one pre determined transfer to/from Munich airport for the camp.

* Each camp is worked on a first come first served basis

Please submit all enquiries regarding the BSS Training and Selection Camps to bss@teambss.org.uk

